

In the best of times, law school students and new lawyers suffer disproportionately from anxiety, depression, and substance use disorders. During a time of social upheaval, economic downturn and a pandemic with almost 200,000 Americans dead, the stress of entering into the legal profession is extraordinarily difficult for new lawyers.

COPING WITH STRESS: UPHEAVAL FOR BAR APPLICANTS AND NEW LAWYERS IN THE MIDST OF A GLOBAL PANDEMIC

This panel discussion will address methods to get help for graduates and new lawyers that are struggling with anxiety, depression or reliance on drugs or alcohol to cope with our new normal. In addition, we will discuss strategies to disclose in the legal workplace or to the Florida Board of Bar Examiners.



September 21, 2020, 5-7pm

RSVP



Kelly Charles-Collins is a powerhouse attorney and expert on disrupting unconscious bias, bystander intervention, and workplace investigations. Kelly leverages her 20+ years of employment law experience, intuitive perspective, and engaging personality to empower leaders to stay on the right side of the next #hashtag movement.



Brian Cuban, the younger brother of Dallas Mavericks owner and entrepreneur Mark Cuban, is a Dallas based attorney, author and addiction recovery advocate. Brian has been in long term recovery from alcohol, cocaine and bulimia since April of 2007. Brian's most recent, best-selling book, *The Addicted Lawyer, Tales of The Bar, Booze, Blow, & Redemption* is an un-flinching look back at how addiction and other mental health issues destroyed his career as a once successful lawyer and how he and others in the profession redefined their lives in recovery and found redemption.



Matthew Dietz has been a very active writer, advocate and speaker on disability rights issues. He founded Disability Independence Group, a non-profit organization, which strives to encourage more persons with disabilities to have equal opportunities in the legal profession.



Brian Tannebaum is the lawyer that lawyers go to when they find themselves in hot water. Brian represents law firms as well as future, current, and former lawyers and legal professionals in matters before the Florida Bar and Board of Bar Examiners and in civil and criminal courts.

